

## THE WIDE-AWAKE CIRCLE

Boys' and Girls' Department.

**Rules For Young Writers.**  
1—Write plainly on one side of the paper only, and number the pages.  
2—Use pen and ink, not pencil.  
3—Short and pointed articles will be given preference. Do not use over 250 words.  
4—Original stories or letters only will be used.  
5—Write your name, age and address plainly at the bottom of the story.

### POETRY

**Sing, Little Fire!**  
Sing, little fire—  
You have done your part,  
And the love that makes you  
Warm a cold world's heart.  
  
Sing, little fire—  
In the sweet home places,  
For the love that makes you  
Light the children's faces.  
—Atlanta Constitution.

### UNCLE JEP'S TALK TO WIDE-AWAKES

I can remember some boys and girls whom I have known who always seemed to me to have just three words on the tip of their tongues. Of course they could not have been real Wide-Awakes, for those three words are the exact opposite of being a wide-awake boy or girl. There is one long word that means just what I am talking about. It is pro-dramatization, but these boys and girls never used that. They just said "in a minute."  
In a minute they were going to help mother dry the dishes; in a minute they were going to bring in the wood or bring up the coal; in a minute they were going to start to school. But, if you have ever met one of these boys or girls you know that they were very likely to get to school late, that mother often had to speak sharply before they were ready with the

dish towel, and that the wood box is never filled very promptly by one of these in-a-minute boys.  
You see what I mean, don't you? They are the boys and girls who never do anything on time, but always put everything off till the last minute. As boys and girls we are learning things and forming habits that are to be of value to us when we are grown-ups, but the in-a-minute habit is not one of these. For boys especially it may do much harm, for most boys expect to go to work some day and their employers will find that the in-a-minute boy is not the kind of boy he can depend on.  
The next time you are tempted to use these three words you use two other better ones that I can give you. My words are "Right away."

### Winners of Prize Books

**Ide De Fazio**, of Norwich—The Girls of Central High Aiding the Red Cross.  
**Dorinda Lafache**, of Jewett City—The Campfire Girls Do Their Bit.  
**Lydia Dugas**, of Vernalles—The Automobile Girls in the Berkshires.  
**Dorothy Church**, of Uncasville—Bunny Brown and His Sister Sue at Aunt Lu's City Home.

Winners of prize books living in the city can get them by calling at The Bulletin business office after 10 a. m. Thursday.

### Letters of Acknowledgment

**Claire Foley** of Willimantic—I thank you very much for my book entitled "The Battle for New York." I have been reading it and find it very interesting.  
**Myra Renshaw**, of Jewett City. I thank you very much for the prize book entitled "Six Little Bankers at Cousin Tom's." I have read it through and found it very interesting.

## FEED NERVES PLENTY OF PHOSPHATE IN SUMMER

Keen Minded Men, Energetic and Successful  
Rely on It Asserts Prominent N. Y. Physician.

### Nitro-Phosphate a Godsend.

Men and women, nervous and fretful, easily upset and often fatigued, need plenty of organic phosphate, and the sooner they heed this advice the better their health will be.

In every one of the millions of cells that make up your body, phosphorus is a most important part.  
Your nervous system, your brain, your body and even your bones must have a sufficient supply of phosphorus or weariness, nervousness and a general run-down condition, as well as lack of normal mental power is sure to result.

Big men of affairs—mighty men who control industries because of sheer will power and nervous force, know this, or if they don't, are clever enough to have a physician who does.

Physicians and more are realizing that Nitro-Phosphate, as dispensed by Lee & Osmond and all leading drug stores, is a necessity to over 40 per cent. of men and women, because present day foods do not contain enough phosphate to give the body and especially the nervous system the supply it needs.  
Speaking on this very subject, Dr. Fred-

erick S. Kelle, editor-in-chief of Physicians' "Who's Who," and a nationally known author of medical text books, in a most emphatic statement said:  
"If I had my way, Nitro-Phosphate should be prescribed by every doctor and used in every hospital."  
Her lively, pleasant disposition fades away—she becomes irritable, uncompanionable, moody and dependent. It would indeed be a godsend if more men and women were aware of the efficacy of Nitro-Phosphate.

Hot weather is dreaded by men and women who are weak, thin, nervous, timid and lacking in vigorous development, because it saps their vitality almost to the breaking point.  
To all such people Nitro-Phosphate is recommended because it is the one organic phosphate which, when absorbed by the system, will supply the element necessary for a vigorous, healthy body free from any suggestion of weakness or disorder of nerves.  
Your druggist has Nitro-Phosphate in the original bottle with complete instructions for best results.

### LETTERS WRITTEN BY WIDE-AWAKES

#### GOOD AND BAD

It is nice to be good. Some people are not good. It is not nice to be bad. Some people are so bad that other people do not like them. Some people are kind. Some people are not. It is not nice to be selfish. Be kind and kind.  
FLORENCE CONGDON, Age 7 1-2  
Yantic

#### Almost a Collision.

It was on a fine morning when Bob Baker took his father's touring car and went out for a spin. He started out slowly, but gradually increased his speed. He was soon speeding along merrily when all of a sudden he saw a cloud of dust behind him and a large racer came in view. It was a very close call. It looked like a sure collision and but for the presence of mind of Bob there would have been a disaster. He quickly shifted his steering wheel, and ran the automobile into an old fence by the roadside, thereby preventing a collision.  
IDA GRABLEST, Age 10  
Norwich

#### The Beach.

I am down at Lord's Point again this year. The mosquitoes aren't so thick this year. I just read a story to my cousin. I had one of my friends over Monday and we had a party. I went in bathing today and for the first time I swam well without my wings. I hope that by Tuesday morning I can dive and float on my back. There are plenty of children down here. Monday night I drew a sketch of me, but it didn't look like me.  
DORIS WATERS, Age 10  
Lord's Point

#### Little Working Bobby.

Claire and Bessie were playing in the yard with their dolls. Claire had been sick, and now for the first time since she had been ill her mother had let her go out to play with her sister Bessie. Their little brother Bob was playing in the yard, too, but he was not playing with his sisters but was romping with his little dog Jack.  
Just then their mother came to the door. She had been baking pies all morning and other pastry, for it was baking day.  
Claire and Bessie did not look up as their mother came to the door, although they knew she was there, for they knew well enough that their mother wanted some little service of them.  
"Bessie, please run over to the store and get me a dozen of eggs," said her mother.  
But Bessie "made on" she didn't hear. So Bobby, matching up his hat, said: "I'll go, mother."  
In a little while Bobby returned with the eggs and then began mending his wheelbarrow.  
Ten more minutes passed and their mother again came to the door. In her hands she held a little pie. Can you guess to whom she gave it?  
LYDIA DUGAS, Age 12  
Vernalles

#### Respecting Old Age.

Last summer as I was passing by a house in our village I noticed two boys throwing stones at a poor old man. The man was very lame and feeble and I took pity on him. I asked the boys who the man was. They replied: "We do not know him or care who he is." I soon complained to their mother and finally the two boys found out they were doing wrong and agreed that they should learn to respect old age.  
FLORENCE M. GOVERN, Age 14  
Giango

#### Auto Thieves.

One day in October a boy about the age of 12 was walking along the street, and as he walked he saw a black bag. He quickly opened it and to his grief found only papers and a plug like a nickel and he threw away the papers and kept the plug and went home and showed it to his father, the chief of police, and it was a code on a coin about auto thieves. They were caught with many autos and he got a reward and lived to tell of the coin.  
JAMES RILEY.

#### The Party.

I am going to tell you of my nephew's birthday celebration. He was 3 years old Saturday so his mother decided to invite a few of the neighbors.  
A woman with two children, another little girl, my sister with her two children, my mother, her baby and myself came.  
A gallon of ice cream was ordered and after a long play of hide the thimble, button, button, and hide and seek, it was

served.  
All this had to be done in the house as it was pouring great drops of rain from the sky, which was blackened with the clouds of thunder.

A short time later more ice cream with delicious cake was brought to us. We enjoyed it very much and never cared for thunder and lightning as we knew God was with us and that He governed all He created.  
Don't you think it was a nice party? Your true friend,  
LILLIAN ANDERSON, Age 11  
Allen Hill, Brooklyn

#### An Automobile Ride.

Last week an auto drove up to the front of our house. It was to take us to Votown. We were told to get in and after we had ridden half a mile a cunning rabbit ran past us. He was as white as snow and a coal black spot decorated his ear. He was as quick as thought but not quick enough for us. The wheel went buzzing over the creature's leg. He gave a little squeak and seemed as if he were limping.  
I jumped out and caught the poor little animal and carried him gently in my arms. He seemed frightened but soon grew to fear no harm for no harm was done. My heart beat fast as I saw the suffering rabbit in my arms. Now I was in a hurry to reach my grandmother's, for that's where I was going.  
At last the auto stopped and we got out. I was still carrying my precious burden. I entered the house just as the last ray of the sun sank in the west, evening the beautiful rabbit, who seemed now to be my dearest friend.  
DORINDA LAFACHE, Age 12  
Jewett City

#### My Automobile Ride.

Last Sunday afternoon my mother, sister and I went for a ride with my uncle and aunt. We went through Plainfield, Central Village, Moosup, Danielson and Dayville. When we got to Willwood Park we got out of the auto. The trees were very tall pines. There were no limbs up at the top. The water in Alexander's Lake is very clear. There were many motor boats sailing around. My sister got on the slide.  
When we came home we stopped and picked some blueberries that were by the side of the road. We got home about seven o'clock after a very enjoyable afternoon.  
EDNA DAWLEY, Age 12  
Jewett City

#### A Day in June.

It was a beautiful day in June, the sun shone brightly, and the cool breeze made one feel delighted. The trees were laden with dark green leaves, and the

## WESTERLY

There is trouble ahead for brothers who have substituted saccharine for sugar. Warrants have been served in 28 cases in the state for violation of the state food and drug law by the use of saccharine for sweetening soda and bottled goods, and prosecutions will follow. Prof. F. N. Strickland, Rhode Island state chemist, has been analyzing the soda water and bottled goods put up by various concerns throughout the state and he finds that saccharine is commonly used in direct violation of law, and the practice is deleterious to the health. One pound of saccharine is equal to more than 500 pounds of sugar, and bottling works are using the cheaper method of sweetening owing to the high price of sugar. The principal bottling companies favored the passage of the state law at the last session of the legislature which provided in part that "any sweetening matter used in the manufacture of any beverage to which this act applies shall consist of pure cane or beet sugar, or pure corn sugar."  
Disregard of the law by some is also unfair to the honest bottlers who use sugar because they cannot compete successfully with the saccharine users. Saccharine sells for about \$3.50 and its sweetening power is about 500 times more than sugar. Professor Strickland says that is the reason why some bottled goods are sold at from 65 to 90 cents a case, where the price would be \$1.25 to \$1.40 with real sugar used.  
The professor said: "Saccharine is a drug, not a food. It is an artificial sweetening, forbidden by law in Rhode Island. It is classed by the federal government as a drug and its use as a food is not permitted. When a state permits its use the federal government cannot prevent its use in that state, but it can prevent the goods being taken to any other state where there are laws against saccharine."  
The highway commission is still with-

gardens were over firing with roses and early summer flowers. Altogether it was very beautiful to me as I stood on the top of the hill looking down below in the valley.  
Suddenly I heard someone calling me. It was my aunt and she told me to hurry for we were going on a visit to Pleasant Beach. We piled into the auto and enjoyed a delightful ride through the woods. In reaching my friend's house she suggested a ride out to Three Islands and took our bath in the sea. It was one of the happiest days I ever spent we returned and just reached home as it was getting dark. This was one of the many pleasant days I spent visiting my aunt at Granvilleville.  
IDA DE FAZIO, Age 11  
Norwich

**A New Game.**  
I wonder how many of the Wide-Awakes have to do dishes. I think many of them have to do dishes. If you do not like to do dishes here is a game to make it a pleasure instead of a burden. This is the way:  
Before doing the dishes estimate, but do not count, the dishes. Then select one dish to wash, one to dry, and until all are dried. Count the tins, and all.  
I have tried this and it is very interesting. I hope all of the Wide-Awakes will try it and like it.  
DOROTHY CHURCH, Age 12  
Uncasville

**A Good Scholar.**  
Mary was exactly on to school every morning. She did not amuse herself en route but she always got there first and that permitted her to go over her lessons. During the teacher's explanations Mary listened attentively she did not let herself be disturbed by her companions or the outdoors noise.  
Her teacher took Mary for the class model.  
At Mary's returning from school she helped her mother with the cleaning and errands.  
Her good parents cried with joy to see that their little girl had won the medal of honor.  
HELEN VARIEUR, Age 13  
Danielson

**Beautiful Women of Society**, during the past seven years have relied upon it for their distinguished appearance. The soft, refined, pearly white complexion it renders instantly. It is always the source of flattering comment.  
Gouraud's Oriental Cream  
FRED T. HOPKINS & SON, New York

**Local Deaths.**  
Miss Margarette Cottrell, daughter of Charles P. Cottrell and Bertha John Mansfield Groton of Jenkintown, Pa., will be married this (Thursday) afternoon in Christ Episcopal church.  
Miss Lucy Bridget of Waterbury is the guest of Mrs. Clara Proulx.  
In a drive from Atlantic Beach Tuesday night an automobile succeeded in keep-

ing the machine ahead of one operated by a special constable. The latter exceeded the speed limit in order to time the other fellow and procure evidence for prosecution.  
A local pre-wedding party from West- erty had lunch at the Stonington Manor inn and then enjoyed a picnic at Deans Mill.  
A number from out of town are here to attend the Cottrell-Groton wedding.  
After an absence of several years, Fred Florio has returned to his former position as bookkeeper at the Smith Granite works.

The dusky gentleman from New Haven who guarantees to cause hair to grow on the balddest head, within 15 days, was in Westery Wednesday. He is planning to apply the hair restorative to the head of John D. Rockefeller. If the restorative is as represented, the New Haven man has a more substantial get-rich-quick scheme than that conceived by Poni, or any other man.  
Concert by Westery band in Wilcox park this (Thursday) evening.

**STONINGTON**  
The arrangements are complete for the joint celebration in Stonington Saturday afternoon and evening and the borough will be prettily decorated for the event. In the afternoon there will be inspection and parade of the fire department, followed with banquet to the firemen in the Community house. In the evening the Community house will be formally dedicated along line previously outlined in The Bulletin. In the interim between the banquet and the evening exercises there will be a baseball game on Owen field.  
Stonington Pointers.  
Miss Meriel W. Willard is soon to start on a trip in the St. Lawrence river section.  
Miss Maud E. Hayes is visiting in Hartford. Before going to California to engage in educational work.

**YANTIC**  
John Watson of Pawtucket, who has resided here for the past year, enlisted in the United States navy last week.  
Miss Jennie Erickson has returned to her home in Worcester after a week's stay in town, the guest of Mrs. Whitney Vergason.  
Mrs. Bertha Brumme and Mr. and Mrs. Edward Smith have returned after two weeks' stay at Dubois Ferry, N. Y., with Mr. and Mrs. John Rapp.  
Miss Lila Smith is spending the week in Spencer, a guest at the home of Mr. and Mrs. William Glasser.  
Miss Emily Rader is spending some time with relatives at Watch Hill.  
Mrs. Katherine Hanrahan and sons, John and Francis, have moved from one of the village tenements to the rent over the East Hill suburban house.  
Miss Alma Rudolph, who has returned from a stay of a few weeks in Willimantic last week for Worcester for a lengthy stay.  
Mr. and Mrs. Albert J. Bailey and daughter Natalie and Mr. and Mrs. Bertram Bailey of Waterbury have returned from a week's stay on Cape Cod.  
Miss Gladys Pendleton has returned after ten days' stay with friends in Boston.

Whitney Vergason has returned from a fishing trip off Fisher's Island.  
Mr. and Mrs. Robert Kinkade and daughter Ruth of Providence were week end guests at the home of Mr. and Mrs. H. Gibbs.  
Mr. and Mrs. John Tague and sons of Hartford were recent guests of friends here.  
Mr. Charles Arnold and daughters, Eli and Ruth, of Pomfret are spending the week in Yantic with Mrs. Arnold's mother, Mrs. H. H. Howe.  
Miss Mildred Pendleton has returned after a week's stay in Newington where she was the guest of Mrs. Fred Hewitt.  
M. J. Shea is acting road superintendent of the southern division of the Central Vermont railway during the absence of G. K. Harris, who is spending three weeks' vacation at points of interest in Canada.  
Miss Lois Manning has returned from a vacation trip which included visits to Gettysburg, Niagara Falls and New York. She accompanied and Mrs. W. G. Spencer of New London.

**COMB SAGE TEA IN**  
FADED OR GRAY HAIR  
Look young! Common garden Sage and Sulphur dardens so naturally nobody can tell.  
Grandmother kept her hair beautifully darkened, glossy and attractive with a brew of Sage Tea and Sulphur. Whenever her hair took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Compound," you will get a large bottle of this old-time recipe, improved by the addition of other ingredients, all ready to use, at very little cost. This simple mixture can be depended upon to restore natural color and beauty to the hair.  
A well-known downtown druggist says every body uses Wyeth's Sage and Sulphur Compound now because it dardens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply draw it through your hair, taking one strand at a time. By morning the gray hair disappears, after another application or two, it is restored to its natural color and looks glossy, soft and beautiful.

## THE NEW WAIST SHOP

"Exclusive, But Not Expensive"

104 MAIN STREET, - - NORWICH, CONN.

ANNOUNCE THEIR FIRST

Anniversary Sale

Friday, August 13th, 1920

Every Blouse Reduced

Every Blouse Reduced

IT ONLY HAPPENS ONCE A YEAR

Blouses from \$1.00 gradually up to \$47.50

BE SURE AND SEE OUR SPECIALS

**Start a Savings Account**  
By Mail TO-DAY With The  
**COSMOPOLITAN TRUST CO. OF BOSTON**  
Over \$15,000,000 Resources  
Money goes on interest the 5th of each month  
**5%**  
was the rate of our last dividend. Why be satisfied with less interest on your money?  
Deposits by mail receive special attention. Mail Yours to-day  
Write for FREE booklet, "Banking By Mail"  
**Cosmopolitan Trust Co.**  
60 Devonshire St., Boston, Mass.